

# AP-OD Family Connections

## Message from AP-OD

Today marks the beginning of Hispanic Heritage Month, a time to honor the rich cultures, histories, and contributions of Hispanic and Latino communities across the U.S. For families, it's also a beautiful reminder that our heritage lives on in the stories, traditions, and languages we pass down to our children.

Our culture is our strength. By celebrating who we are and where we come from, we help our children build pride in their identity, resilience in their journey, and connection to a community much larger than themselves.

Throughout the month, AP-OD will share resources and activities to help families celebrate together. These include books and videos as well as traditions and crafts that bring Hispanic heritage to life for young learners. We invite you to join us in lifting up the voices, languages, and legacies that make our community so vibrant.

We recognize that families are navigating difficult times, and honoring our heritage gives us strength, hope, and a reminder that we come from generations who have overcome challenges with courage and love. What we teach our children about their culture today, they will carry with them for a lifetime.

## Parent Spotlight



***I am proud of my roots and culture- of being hardworking, honest, and empathetic, and of being loyal to my principles and values, always highlighting [my] role as a role model and promotora. This role has helped me shape and improve my foundations in my family, becoming a person of professional ethics and human morality, with warmth, respect, honesty, and a fighter, always striving for the transformation and building up of families.***



**– AP-OD Mother, California**



## Tip of the Month



### Bring Culture Into Storytime

One of the simplest and most powerful ways to celebrate Hispanic Heritage Month with your child is through storytelling. Reading or telling stories that reflect your family's culture, traditions, and language helps children see themselves with pride and curiosity. It also builds empathy, showing them the richness of other cultures.

**Try this:** Make storytime part of your daily routine — whether at bedtime, after school, or even a few minutes in the morning. Choose bilingual books, stories from Latin America, or even the tales your parents and grandparents told you growing up. After reading, ask your child what they liked best or if the story reminds them of someone they know.

These small, joyful moments rooted in family and heritage plant seeds of identity and belonging that last a lifetime.

Explore our blog with children's books that celebrate Hispanic and Latino heritage to get started!



[Explore the blog](#)

September 15, 2025



# Upcoming Events and Workshops



## WEBINAR: Leading Arizona into A Brighter Future

**September 23, 2025**

10:30AM PT | 11:30AM MT

AP-OD and UnidosUS spotlights Arizona, home to a large and growing Latino population where about 20% of Latinos are under the age of 10. Join in on this meaningful conversation with community leaders and policymakers to deepen the understanding of Arizona's priorities to build a path towards a brighter future.

**Register**



## Immigrant Children: The Facts and The Future

**October 2, 2025**

4pm ET | 3pm CT | 2pm MT | 1pm PT

Join this timely webinar and important conversation to lift up the voices and experiences of children in immigrant families, and chart a path toward stronger systems of support.

**Register**

September 15, 2025



## Community Building

### What Do You Want to Pass On?

Our culture lives on through the lessons, stories, and values we pass down to our children. This month, we invite you to reflect:

What's one thing from your culture you want your child to always carry with them?

Share your response by tagging us **@ap\_od\_national** with **#APODHeritage**. Your wisdom may inspire another family in our community.



**Closing Saying** "He who forgets where he comes from does not know where he is going."