

April 15, 2026



AP-OD Family Connections

Message from AP-OD

This month we observe **Autism Acceptance Month** and uplift the importance of acceptance, inclusion, and belonging for every child. Every child is unique, and every child deserves to feel seen, valued, and celebrated exactly as they are. As parents, you are your child's greatest champion. Whether you are navigating a diagnosis, supporting a child in your community, or simply teaching your little one about kindness and uniqueness, your love and presence make all the difference.

This issue, we're sharing resources to help your family celebrate the amazing in every child — from Sesame Workshop tools you can use at home to trusted guidance for families who want to learn more.



In April we're also celebrating **Mathematics and Statistics Awareness Month**. Our next issue will have fun, hands-on activities to bring the joy of numbers to life for your young learners. You won't want to miss it!

Thank you for being part of this community. Together, we are raising the next generation of curious, confident, and compassionate children.

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AP-OD Parent Spotlight



From Parent to Architect of Change

Rosa Cardenas never set out to become a champion for early childhood education. Like so many of us, she simply wanted the best for her children. But that deep, determined love set her on a path that would transform not just her family's life, but the lives of countless others.

Rosa's advocacy journey with her participation in a local AP-OD program, where she discovered that the knowledge, lived experience, and culture she already carried were powerful tools for change.

That foundation led her to the Governing Council of the [United Parent Leaders Action Network \(UPLAN\)](#), a national network of parent-led organizations supported by the W.K. Kellogg Foundation.

Today, Rosa isn't just speaking up for families. She is helping build the systems that will shape early childhood education for generations to come. Her story is a powerful reminder that parent leadership often begins with one simple, unshakeable commitment: doing right by your child. [Read Rosa's full story from Every Child Thrives.](#)

Tip of the Month



Celebrate the Amazing in Every Child

April is Autism Acceptance Month! This year, we're going beyond awareness to focus on what truly matters: acceptance, inclusion, and belonging for every child. Did you know autism affects an estimated 1 in 31 children in the United States? Every child on the spectrum is unique, and early support makes a real difference. If you ever notice [signs in your child](#), start by talking with your pediatrician.



This month, [Sesame Workshop's See Amazing in All Children initiative](#) has wonderful free resources to help families support connection and kindness at home, including videos, printable activities, and a communication board featuring Julia and Elmo. Check out the full blog for videos, printables, and trusted resources: [Celebrating Autism Acceptance Month.](#)

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Upcoming Events and Workshops



Brazelton Touchpoints Presents: We Are AANHPI Families Series

Episode 2: Generational Homecoming: Multigenerational and Multicultural Child-rearing

Monday, April 27, 2026, 3–4 pm ET / 12–1 pm PT

In an era where families have become smaller and isolated, many households are rediscovering—or maintaining—the rich tradition of multigenerational living. When multiple generations and extended family members live under one roof, grandparents, parents, and children can share meaningful daily interactions and create shared memories. This is so important in raising the next generation with tradition, culture, love, and legacy. We arrive in the present with the gifts of our ancestors and generations of loving care. This episode explores the complex landscape of multigenerational child-rearing across cultures.

Live Spanish translation and captioning available.

[Register](#)

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Community Building

We Want to Hear from You!

Have you used Sesame Workshop resources with your child? We're curious to know! [Take our quick one-question poll](#) and share your experience with our community.

A screenshot of a poll interface is shown within a teal border. At the top center is the 'apod' logo. Below it, the title 'Sesame Workshop Resources' is displayed. The poll question is '1. Have you used any Sesame Workshop resources with your child?'. There are four radio button options: 'Yes, we love them', 'I've heard of them', 'This is new to me', and 'I'll check them out!'. A purple 'Done' button is located at the bottom center of the poll area.

[Take the poll](#)



Saying "The world needs all kinds of minds."
– Temple Grandin