

2026 National Latino Family Report

Family Stories Behind the Data

The **2026 National Latino Family Report** shares the experiences, priorities, and aspirations of Latino families with young children across the United States. Based on a national survey of Latino parents and caregivers, the report combines data with personal stories to highlight the resilience, determination, and hopes of Latino families while illustrating the opportunities and challenges they navigate every day.

The stories shared below bring the report's findings to life, illustrating how **economic opportunity**, **access to healthcare**, and **immigration experiences** shape the everyday lives of Latino families. Together, they remind us that every data point represents a family, a journey, and a vision for a brighter future.



ECONOMIC WELL-BEING



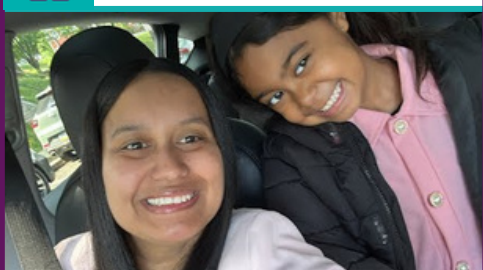
Joana Perez
California

Joana Perez has transformed challenges into opportunities for her family. Today, she serves as a full-time case manager, community advocate, and proud mother of eight. While housing assistance helped stabilize her family during the pandemic, rising housing and grocery costs continue to present challenges. Looking ahead, she and her husband hope to start a family business to build lasting financial security and create a legacy for their children.

“We are a little nervous about losing [the assistance] in December, but we’ve tried our best to be smart with our money and save.”



HEALTHCARE



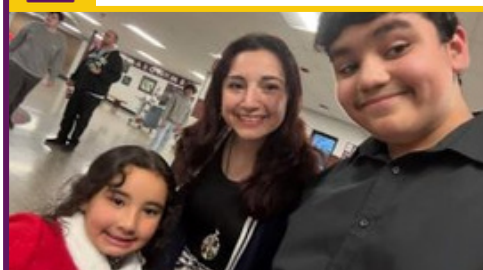
Yamilka Hidalgo
Pennsylvania

Yamilka's daughter has undergone multiple heart surgeries since infancy and relies on public health insurance to receive lifesaving care. While her daughter's medical needs are covered, Yamilka, who has the same heart condition, has postponed her own care because private health insurance for herself remains out of reach. Her story reflects both the importance of accessible healthcare and the difficult choices many families face.

“I see it more as her future’s in my hands. Me guiding her for her to know what’s right, what’s not...that’s how she will have a good future.”



IMMIGRATION



Karina Saldiviar
Michigan

After immigrating from Chile in 2024, Karina built a stable home for her two children as they adjusted to a new school, language, and community. Like many immigrant families, uncertainty surrounding immigration policies has influenced daily life, sometimes even leading her to keep her children home during reported ICE activity. Still, she remains hopeful and works each day to give her children the opportunities that inspired their move to the United States.

“It doesn’t matter how tired I am, it all is worth it because tomorrow there will be fruits and those fruits will be the future of my children.”

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