

AP-OD Family Connections

Message from AP-OD

Our stories, traditions, languages, foods, music, and celebrations connect us to where we come from and help our children understand who they are. Parents are their children's first teachers, and one of the most meaningful things we can give our children is a connection to their culture and roots.

Hispanic Heritage Month is a great time to share what makes your family special. Tell stories from your childhood, cook a family favorite, speak your family's language, or celebrate a tradition you love. These everyday moments help children feel proud of where they come from and connected to their family.

In this issue of Family Connections, we're continuing our celebration of Hispanic Heritage Month with fun ways to celebrate at home, you'll meet Margarita and learn about her journey as a parent and leader, and find ways to connect with other families in your community by sharing local events through the AP-OD Family App.

**HISPANIC
HERITAGE
MONTH**



October 1, 2026

AP-OD Parent Spotlight



Margarita's Journey

When Margarita first joined her local AP-OD program, she was looking for new ways to support her young daughter. Through the program, she gained tools to better understand her child's development and discovered the power of learning from other parents.

Her experience inspired her to become an AP-OD facilitator, where she now supports other families on their parenting journeys. Margarita's story is a beautiful reminder that parents are their children's first teachers, and that parents can learn, grow, and lead together.

[Read Margarita's full story and learn more about her journey with AP-OD](#)

Tip of the Month



Celebrate Hispanic Heritage Month Through Crafts and Activities!

Hispanic Heritage Month is the perfect time to bring culture to life at home through art, music, food, and play! The traditions, stories, and creativity you already carry are more than enough to create meaningful moments with your little ones.

This month, we put together a fun list of hands-on crafts and activities your family can try at home, like making papel picado, cooking a favorite family recipe together, playing Lotería, and dancing to Latin music!

Check out our full blog for ideas and instructions: [Celebrating Culture Through Crafts and Activities](#). Every moment spent learning together builds connection, pride, and a love of culture that your child will carry with them for life.

[**Read the blog**](#)

October 1, 2026



Upcoming Events and Workshops



Family-to-Family Real Talk Series: Somos Familias Latinas

A free virtual conversation series from the Brazelton Touchpoints Center and The Children's Partnership that celebrates the strength, wisdom, and lived experiences of Latino families. Attendees will discuss the important roles that faith, solidarity, community care, and love play in familias latinas living in uncertain times. All conversations are offered in English and Spanish.

- ☀️ October 19, 2026 – [Fe y Familia: Faith as a Foundation](#)
- ☀️ November 9, 2026 – [Dime Con Quien Andas: Solidarity in Community and Collective Power](#)
- ☀️ November 30, 2026 – [Con Amor y Sacrificio: The Guilt, Dignity, and Deep Love of Caring for Our Elders while Raising Our Children](#)

Register



Family-to-Family Real Talk Series: Parents Rising to Child Developmental Challenges

A free virtual conversation series from the Brazelton Touchpoints Center that offers a warm and inviting opportunity for parents and families of children with differences in or challenges to their development to connect with each other. Through four engaging conversations with parents who know what it's like to raise children with developmental differences, challenges, delays, or disabilities, we share the unique and common experiences of loving and raising children whose developmental journey is delayed or atypical. All episodes have live Spanish translation and captioning available.

- ☀️ October 26, 2026 – [A Three-Perspective Approach: One Provider's Story of Neurodivergence, Parenting, and Practice](#)
- ☀️ November 2, 2026 – [When the Personal Is the Professional: A Mother's Journey with Autism](#)
- ☀️ December 7, 2026 – [This Is What I See, What Do You See? A Family's Journey through Complex Diagnoses](#)

Register

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Community Building

Our Culture Brings Us Together

Hispanic Heritage Month is a wonderful time to connect with the people around you and celebrate the traditions that make our families unique. Our communities are stronger when families come together, share their stories, and support one another.

One way we can do that is by sharing family events where that connection can happen. Is there a Hispanic Heritage Month event happening in your community? [Fill out this form](#) to share it with other families on the [AP-OD Family App](#).

When we share our culture, support one another, and make space for every family's story, we help our children grow up knowing they belong.



Saying "Strong roots help us grow."